

Network

We look forward to a lively exchange with other institutions to represent our common goals.

Please feel free to contact us for this purpose.

Donations

We are very grateful for financial support. Even small, regular monthly amounts help us to stabilize our free services in the long term.



Supported by:

House of Resources – Hamburg
la Triggrashid vox

DER PARITÄTISCHE
HAMBURG

Dopamin Hamburg e.V.

Registergericht Hamburg VR 24591

The foundation of all happiness is health.

- Leigh Hun



Contact us

Please feel free to contact us for inquiries. You can get a consultation appointment (time & place) by appointment with us.



+49(0)178/111 60 88 +49(0)1590/646 79 53



info@dopamin-hamburg.de

Further information at: www.dopamin-hamburg.de



Dopamin Hamburg e.V.

PSYCHOSOCIAL COUNSELING
FOR REFUGEES
IN THEIR NATIVE LANGUAGE



www.dopamin-hamburg.de



Who we are

Dopamin Hamburg e.V. is a non-profit association for psychosocial counseling for refugees in their native language.

We are an intercultural, multilingual and interprofessional team of women and men. As native speakers - and partly refugees ourselves - we are able to respond to individual needs in a special way.

Our concern

Our goal is to support politically, racially or religiously persecuted, refugees or displaced persons in order to improve their special life situations.

We would like to assist them in their search for orientation and structure and to develop new perspectives together.





Service

- Counseling on depression, anxiety, addiction problems, etc.
- Trauma-sensitive counseling & support
- Support for victims of sexual violence
- Anti-aggressiveness & stress management training
- Development of possible courses of action
 & support in their implementation
- Counseling of children, adolescents & adults
- Individual, couple & group sessions in a protected place
- Free of charge, confidential and anonymous upon request
- Online counseling upon request

We offer these languages

- Arabic (all dialects)
- Dari & Farsi
- Kurdish
- Russian
- Spanish
- Portuguese
- English

Your soul is important to us

your pain is known to us.



